

## The Things We Say

## **Creative Moments**





CREATE a list of encouraging short phrases that inspire creativity and build confidence. Think of each family member's strengths and what could help make their creative skills shine.

DISPLAY THESE PHRASES

before they leave home.

Post positive notes in places where family

refrigerator or door so they get a creative boost

members will see them--perhaps on the



PRESENT a favorite phrase with a cool rhythm. Teach others to chant it together, enthusiastically and joyfully, several times.



RESPOND to each other's encouraging words by discussing how it feels to hear positive messages.



CONNECT the phrases with creative moments. When else can you say these encouraging phrases and how can you weave them into everyday conversations?

Draw the words in ways that visually

communicate by using lines, shapes, colors, and symbols that convey the message.

